

# Pilgrims' Way Primary School

Pilgrims' Way and South Bermondsey Children's Centres

Manor Grove, London, SE15 1EF

## AUTUMN TERM 2018

| WEEK 1  | WEEK 2  | WEEK 3   | WEEK 4   |
|---|---|--|--|
| <b>MONDAY</b><br>Hot Dogs<br>Vegetable Sausages<br>Herby Diced Potatoes             | <b>MONDAY</b><br>Spaghetti Bolognese<br>Pasta in Tomato Sauce                   | <b>MONDAY</b><br>Lamb Tikka<br>Vegetable Tikka<br>Rice                             | <b>MONDAY</b><br>Chicken Sausages<br>Quorn Sausages<br>Potato Wedges     |
| <b>TUESDAY</b><br>Sweet & Sour Chicken<br>Sweet & Sour Vegetable<br>Rice            | <b>TUESDAY</b><br>Roast Chicken Drumsticks<br>Vegetable Sausages<br>Jollof Rice | <b>TUESDAY</b><br>Roast Turkey Escalope<br>Roast Vegetable Sausage<br>Roast Potato | <b>TUESDAY</b><br>Lamb Curry<br>Sweet Potato Curry<br>Rice<br>Naan Bread |
| <b>WEDNESDAY</b><br>Lamb Bolognese<br>Vegetable Bolognese Spaghetti<br>Garlic Bread | <b>WEDNESDAY</b><br>Mexican Lamb<br>Mexican Vegetable Stew<br>Cous Cous Wraps   | <b>WEDNESDAY</b><br>Beef Curry<br>Vegetable Curry<br>Rice                          | <b>WEDNESDAYS</b><br>Roast Chicken<br>Vegetable Burger<br>Chips          |
| <b>THURSDAY</b><br>Beef Stew<br>Vegetable Stew<br>Rice                              | <b>THURSDAY</b><br>Macaroni Cheese<br>Chicken Sausage<br>Tomato & Basil Pasta   | <b>THURSDAY</b><br>Jacket Potato<br>Selection of fillings                          | <b>THURSDAY</b><br>Shepherd's Pie<br>Vegetable Pie                       |
| <b>FRIDAY</b><br>Fish Cakes<br>Vegetable Burger<br>Chips                            | <b>FRIDAY</b><br>Jacket Potato<br>Selection of fillings                         | <b>FRIDAY</b><br>Fish Fingers<br>Vegetable Burgers<br>Chips                        | <b>FRIDAY</b><br>Jacket Potato<br>Selection of fillings                  |

The following items are served in addition to the main meal  
**Salad Bar, Seasonal Vegetables, Freshly Baked Bread, Water and Milk**